



RECIPE

rhino

♥ recipes worth sharing

Frozen Yogurt Dog Bites



PREP TIME

10 min



FREEZE TIME

4 hours



TOTAL TIME

4 hr 10 min



YIELD

Approximately
20–30 treats,
depending on
mold size

Description:

These cool, refreshing frozen treats combine yogurt, peanut butter, banana, strawberries, and blueberries into a simple homemade snack your dog will love. They're easy to make, freezer-friendly, and perfect for warm days.

INGREDIENTS

- 1 cup plain unsweetened yogurt
- ½ cup peanut butter
- 1 banana, mashed
- ½ cup blueberries
- ½ cup strawberries, finely chopped



RHINO TIP

Always check the ingredient label on your peanut butter and make sure it does not contain xylitol, which is toxic to dogs.

STEP-BY-STEP INSTRUCTIONS

1



Prepare the ingredients.

Wash the blueberries and strawberries. Finely chop the strawberries into small, consistent pieces and mash the banana until smooth.

2



Mix the base.

In a medium bowl, combine the yogurt, peanut butter, and mashed banana. Stir until smooth and well blended.

3



Fold in the fruit.

Fold the blueberries and chopped strawberries into the yogurt mixture until evenly distributed.

4



Fill the molds.

Spoon the mixture into silicone molds, filling each cavity evenly. Gently tap the mold on the counter to remove any air pockets.

5



Freeze and store.

Place the filled molds in the freezer and freeze until completely firm, about 4 hours or overnight. Remove the treats from the molds and store them in an airtight container in the freezer.

TIPS & VARIATIONS



Use bone-shaped, paw-shaped, or other silicone molds for fun presentation.



Cut larger blueberries in half if needed to fit smaller molds.



Freeze the treats overnight for the firmest texture and easiest removal from the molds.



Store frozen treats in an airtight container in the freezer for up to 3 months.



Let the treats sit at room temperature for 1–2 minutes before serving if they are very hard straight from the freezer.



Family favorites, one recipe at a time.

