



RECIPE

rhino

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Frozen Dog Treat Trio: Mint, Watermelon & Blueberry

These easy homemade frozen dog treats are made with wholesome, dog-friendly ingredients and come in three fun flavors. Mint Fresh Breath treats help freshen breath, Watermelon Peanut Butter treats provide a cool summertime snack, and Blueberry Banana treats offer a fruity, antioxidant-rich option. Perfect for keeping your pup happy and refreshed year-round.



PREP TIME
15 min



FREEZE TIME
6 hours



YIELD
Approximately
30–36 treats
(depending on mold size)

INGREDIENTS

Mint Fresh Breath

- 1 cup plain Greek yogurt
- ¼ cup fresh mint leaves, chopped
- ¼ cup fresh curly parsley
- ½ cup fresh spinach
- 2 tablespoons honey



Watermelon Peanut Butter

- 1 cup plain Greek yogurt
- 1 cup seedless watermelon, cubed
- 2 tablespoons creamy peanut butter



Blueberry Banana

- 1 cup plain Greek yogurt
- 1 cup fresh blueberries
- ½ banana



RHINO TIP



Make all three flavors at the same time and use separate sections of your molds for each color. The green, pink, and purple treats create a fun variety pack that looks great and gives your pup different flavor options.

STEP-BY-STEP INSTRUCTIONS

1



Prepare the Mint Fresh Breath mixture.

Add the Greek yogurt, mint, parsley, spinach, and honey to a blender or food processor. Blend until smooth and creamy.

2



Prepare the Watermelon Peanut Butter mixture.

Rinse the blender, then add the Greek yogurt, watermelon, and peanut butter. Blend until smooth.

3



Prepare the Blueberry Banana mixture.

Rinse the blender again, then add the Greek yogurt, blueberries, and banana. Blend until smooth and evenly combined.

4



Fill the molds.

Spoon each mixture into separate silicone molds or ice cube trays. Smooth the tops if needed.

5



Freeze.

Place the molds in the freezer and freeze for at least 6 hours or until completely firm.

6



Serve.

Remove the treats from the molds and serve one to your favorite four-legged friend.

TIPS & VARIATIONS



Use curly parsley rather than flat-leaf parsley, as it is generally considered the safer choice for dogs.



Always verify that your peanut butter does not contain xylitol, which is toxic to dogs.



For smaller dogs, use mini silicone molds to create bite-sized treats that are easier to serve and enjoy.



Use unsweetened coconut yogurt instead of Greek yogurt for dogs sensitive to dairy.



Store frozen treats in an airtight freezer-safe container in the freezer for up to 3 months.

♥ Family favorites, one recipe at a time. ♥