



# RECIPE

rhino

♥ recipes worth sharing

## Oobleck

This strange and fascinating mixture behaves like both a liquid and a solid, making it a favorite science activity for kids and adults alike. Squeeze it and it feels firm, but let it rest and it flows like a liquid. Oobleck is inexpensive, easy to make, and perfect for sensory bins, STEM lessons, and rainy-day fun.



PREP TIME  
5 min



TOTAL TIME  
5 min



YIELD  
About 2 cups

### INGREDIENTS

#### Oobleck

- 2 cups cornstarch
- 1 cup water
- Food coloring, optional

### RHINO TIP



Place a plastic tablecloth, tray, or baking sheet underneath your work area for easier cleanup. Oobleck is messy but cleans up easily once it dries. Do not pour leftover oobleck down the sink, as it can clog drains.

### STEP-BY-STEP INSTRUCTIONS

1



#### Add the cornstarch.

Place the cornstarch in a large bowl.

2



#### Color the water.

If using food coloring, stir a few drops into the water until evenly colored.

3



#### Mix the oobleck.

Slowly pour the water into the cornstarch while stirring with a spoon or your hands.

4



#### Adjust the texture.

Continue mixing until the oobleck forms. It should feel solid when squeezed but flow like a liquid when released. Add a little more cornstarch if it is too runny or a little more water if it is too stiff.

5



#### Clean up properly.

When finished, discard leftover oobleck in the trash. Do not pour it down the sink, as it can clog drains.

### TIPS & VARIATIONS

1. **Rainbow Oobleck** – Divide the mixture into several bowls and color each one differently.



2. **Toy Excavation** – Hide plastic animals, dinosaurs, or small toys inside for a sensory treasure hunt.



3. **Glitter Oobleck** – Add a pinch of fine glitter for extra sparkle and fun.



4. **Glow Oobleck** – Replace some or all of the water with tonic water and shine a blacklight on it to create a glowing effect.



5. **STEM Experiment** – Tap, squeeze, and slowly pour the mixture while discussing how it behaves like both a solid and a liquid.